

**Overview: Year 9**  
 PSHE follows three strands:  
**Living in the Wider World** is a themed area of PSHE content described by the PSHE Association. This theme covers several areas which children and young people need to know, relating to respecting others, being a responsible and contributing citizen of their community, their country and the wider world.  
**Health and well being** is a theme to developing knowledge, skills and attributes students need to keep themselves healthy and safe and prepare for life and work in modern Britain.  
**Relationships** explores different areas in connection to recognising different relationships, building new relationships, and recognising if a relationship is healthy and positive for their wellbeing. **Relationships and Sex Education (RSE)** is a statutory requirement as part of Relationships Education, from which parents have a right to withdraw their child.

Autumn 1 2025	Autumn 2 2025	Spring 1 2026
<p><b>Content – Living in the Wider World</b></p> <p><b>PSHE – AUT 1</b>  <b>British Values: Substances and Safety</b></p> <p><i>Fortnight 1: Online Gaming, Grooming and Addiction</i></p> <p><i>Fortnight 2: Gangs and Criminal Behaviour</i></p> <p><i>Fortnight 3: Extremism and Terrorism</i></p> <p><i>Fortnight 4: The Radicalisation Process</i></p>	<p><b>Content – Living in the wider World</b></p> <p><b>PSHE – AUT 2 British Values</b>  <b>British Values, Protected Characteristics, respect, tolerance.</b></p> <p><i>Fortnight 1: Being Yourself</i></p> <p><i>Fortnight 2: Managing Conflict</i></p> <p><i>Fortnight 3: Types of Relationships</i></p> <p><i>Fortnight 4: Discrimination and Prejudice</i></p>	<p><b>Content Health and Wellbeing</b></p> <p><b>PSHE SPR 1</b>  <b>Keeping Safe, Online Safety, Managing money.</b></p> <p><i>Fortnight 1: Peer Pressure, Exploitation and Knife Crime</i></p> <p><i>Fortnight 2: Resisting Online Influence</i></p> <p><i>Fortnight 3: Drugs, Alcohol and Drug-Related Emergencies</i></p>

<p style="text-align: center;"><i>Spring 2</i> <i>2026</i></p>	<p style="text-align: center;"><i>Summer 1</i> <i>2026</i></p>	<p style="text-align: center;"><i>Summer 2</i> <i>2026</i></p>
<p><b>Content – Health and Wellbeing</b></p> <p><b>PSHE – SPR 2</b> <b>Theme: <i>Aspirations, careers and futures, money</i></b></p> <p><i>Fortnight 1: Pathways to your Future</i></p> <p><i>Fortnight 2: Making Financial Decisions</i></p> <p><i>Fortnight 3: Introduction to Budgeting</i></p>	<p><b>Content – Relationships</b></p> <p><b>PSHE - SUM 1</b> <b>Theme: <i>Consent, STIs and Contraception</i></b></p> <p><i>Fortnight 1: Consent (RSE)</i></p> <p><i>Fortnight 2: Sexual Health and STIs, Contraceptive Methods (RSE)</i></p> <p><i>Fortnight 3: Healthy Friendships</i></p>	<p><b>Content - Relationships</b></p> <p><b>PSHE - SUM 2</b> <b>Theme: <i>Positive relationships in families and friendships.</i></b></p> <p><i>Fortnight 1: Understanding Racism</i></p> <p><i>Fortnight 2: Anti-Racism</i></p> <p><i>Fortnight 3: Forms of Discrimination and Allyship</i></p>